



**THE THIRD PART OF YOUR LIFE:
Uncharted Territory of Promise and
Possibility.**

The past is the prelude to the most authentic period of your life. At this stage of life we want to know who we are and who we are meant to be.

We discover the purpose and meaning of life through a *Courageous Conversation*. Asking the important questions does that.

NWCC offers an 8 week group for women who have resolved the tasks of younger and middle adulthood and wish to start on a bold path into the years to come.

Candace Sinclair and Sandra Buhl, facilitators, have rich foundations of life and professional experiences from which to guide you on this journey.

The group will meet Thursday evenings or mornings, in Dundee or Crystal Lake.

Cost for 8 sessions is \$200.

Registration and \$75 deposit required.

Call: Northwest Community Counseling

815-459-0499, ext. 3

www.northwestcommunitycounseling.com